CURRICULUM GUIDE

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"At first, these bulbs and seeds may all look the same. But inside each one is a secret . . . a story waiting to grow."

WHEN A KIND GARDENER shows a group of curious children how ordinary bulbs become extraordinary flowers, they learn that each one blooms differently–some grow quickly, some take their time, and others surprise the world in their own special way. The children discover that, like the flowers, they too are unique: "Some bring laughter. Some bring calm. Some bring courage. Some bring light."

Filled with warmth and hope, *Each One Blooms* is a timeless reminder that growing up is not a race, and there is no single right way to grow. Whether we move fast, slow, or in surprising directions, our individuality is exactly what makes the world beautiful.

Teresa Anne Power is the bestselling, award-winning author of *The ABCs of Yoga for Kids* series and the *Little Mouse Adventures* books. She is also the founder of International Kids Yoga Day, celebrated annually each April.

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Discussion Questions

- What do you predict will happen in the story based on the title *Each One Blooms*?
- Look closely at the illustrations to determine the setting of the story. What clues are in the text and in the illustrations that let the reader know where the story is taking place?
- Who do you think is the main character? What can you tell about the character from the illustrations and the words in the story?
- Closely examine the illustration that shows objects and scenes beneath the grass. What is happening in the illustration that the words don't tell us? Why do you think that the illustrator chose to include this underground scene?
- Describe your favorite part of the story or your favorite illustration. How does it make you feel? Why do you think the story gives you this feeling?
- The gardener in the story says, "No two bulbs are ever alike. No two blossoms bloom in quite the same way." How are the children in your class different from one another? Discuss how your differences make your classroom "garden" special.
- What do you think that the author is trying to teach us with this story?



The discussion questions, activities, and worksheets in this guide were created by Leigh Courtney, Ph.D. She teaches in the Global Education program at a public elementary school in San Diego, California. She holds both master's and doctoral degrees in education, with an emphasis on curriculum and instruction.

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Activities for Students

Our Classroom Garden

Have each student design and make a paper flower. On each petal, have them write the talents and interests that make them special. Display your unique flowers in a classroom mural.

Growing Bulbs

Distribute a wide variety of bulbs to your students: onion, garlic, scallions, paper white narcissus, crocus, hyacinth, etc. Use the Explore a Bulb worksheet in this guide. Plant the bulbs in pots in your classroom and invite students to keep bulb growth journals. Each week, have them measure and draw a bulb as it grows. With each entry, have them include a sentence describing the growth using sentence stems such as "I notice. . .", "My bulb has. . .", and/or "I predict. . .".

A Garden of Compliments

Position students in a circle to share compliments. Use the sentence stems "You are special because . . .", "I appreciate how you . . .", and "You help our classroom by . . ." to go around the circle and give each person in your class a compliment.

My Story

The gardener tells the children, "But inside each (bulb) is a secret . . . a story waiting to grow." What story is growing inside each of your students? Invite them to write about their hopes and dreams for the future and the gifts they have to offer others.



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Name: _____

Explore A Bulb

Choose a bulb and record your observations.



My bulb FEELS like

_____

_____

My bulb LOOKS like

_____

_____

My bulb SMELLS like

_____

_____

Draw a picture of your bulb and label its parts.

Draw a picture of the plant your bulb will become.

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Name: _____

Everyone Grows Differently



As flowers grow in different ways, people have different strengths and learn at different speeds. Where are you on your journey?

Draw a picture and write a description of something you can do well.

_____

_____

_____

Draw a picture and write a description of something you are still learning.

_____

_____

_____

Draw a picture and write a description of one way you can help a friend.

_____

_____

_____

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Name: _____



The Author's Message

What lesson do you think the author of *Each One Blooms* is trying to share with readers?

What details from the story's text and illustrations help you understand the author's message?

1. _____

2. _____

3. _____

4. _____

5. _____

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